



Chia Seed Pudding with Cacao

Yield: 2 cups

Ingredients:

- 2 cups almond milk
- 1/3 cup chia seeds
- 2 tbsp raw cacao powder
- 1 tablespoon maple syrup or sweetener of choice, date syrup, coconut nectar, stevia

Toppings:

- Berries, unsweetened coconut, cinnamon, raisins, fresh fruit

Directions:

1. In large glass bowl, add chia seeds to almond milk and whisk together. Add cacao and whisk to break up any lumps.
2. Add sweetener and blend well. Cover and place in refrigerator. Mixture will firm up overnight.
3. Add toppings and serve.