



Cinnamon-Sugar Roasted Almonds

Yields: 1 Cup

Ingredients:

- 1 cup raw unsalted almonds
- 1 tbsp. coconut oil, melted
- 1 tsp cinnamon
- 1 tsp coconut sugar

Directions:

1. Add almonds to pan. Coat well with coconut oil.
2. Sprinkle with cinnamon and sugar and mix well.
3. Bake in oven at 275 degrees for 20 minutes tossing 1/2 way through.
4. Remove from oven and cool (if you can wait that long to eat them)!