



Garden-Garbanzo Bean Salad

Yield: 4 servings

Ingredients:

- 1, 15 oz. can of garbanzo beans, rinsed and drained
- 1 cucumber, peeled and diced
- 1-pint tomatoes, chopped
- 1 handful of your favorite herbs, chopped (basil, parsley, dill, mint, oregano)
- Juice of 1 lime (or lemon) and zest
- 2 tbsp. avocado oil
- 1 tsp. salt

Other optional items to add:

- Peppers
- Avocado
- Red onion

Directions:

1. Add cucumber, tomatoes, herbs and garbanzo beans to a large bowl.
2. Add lime zest and juice.
3. Drizzle on avocado oil.
4. Season with salt, to taste.
5. Toss together until well coated.