



No Bake Valentine Bites

Yield: Makes about 20-25 balls

Ingredients:

- 1 cup rolled oats
- $\frac{1}{2}$ cup rice cereal
- 1 cup freeze dried strawberries
- 1/2 cup dried cranberries)
- 1 cup white chocolate chips
- $\frac{1}{2}$ cup unsweetened shredded coconut
- 1 tbsp. chia seeds
- 1/3 cup honey
- 3/4 cup peanut butter or sunflower seed butter

Directions:

1. Add the oats, rice cereal, strawberries, cranberries, white chips, coconut and chia seeds to a large bowl.
2. Mix in the peanut butter and honey.
3. Gather 1 tbsp. of the mixture and roll into balls.
4. Can roll into additional coconut if desired.
5. Keep refrigerated.