



## Quinoa Lime Salad

Yields: 4 servings

### Ingredients:

- 1 cup cooked quinoa, use white or red quinoa
- $\frac{1}{2}$  cup fresh herbs, chopped: parsley, mint, basil
- $\frac{1}{2}$  cup cranberries
- 1 cup chopped cucumber
- 1 cup shelled edamame
- chopped walnuts or sunflower seeds
- zest and juice of 2 limes, about  $\frac{1}{4}$  cup

### Directions:

1. Add quinoa, herbs, cranberries, cucumber, edamame and walnuts or sunflower seeds to a large bowl.
2. Toss with fresh lime zest and juice.